

and add safety features for those patients needing to come into the office, all while maintaining our work force during the uncertain times.



JAMES SHAW
Medical Doctor/Plastic Surgeon
Shaw Plastic Surgery

Why did you choose a career in health care? Chose health care because there is constant evolution and progress in the treatments and patient care. Also, my family tends to go into health care. My father, uncle, grandfather, brother, and cousin are all doctors.

What is your greatest professional achievement? My practice has progressed into a more holistic approach. In addition to the typical plastic surgery treatments, we offer bio-identical hormone replacement and treatments utilizing platelet-rich plasma and stem cell products for improving skin, promoting hair growth and helping with urinary incontinence. We have also added the services of a Certified Integrative Nutrition Health Coach.

What is the biggest challenge you have faced in your career? The biggest challenge is to provide appropriate patient care in the most cost-effective manner.

What was the best career decision you ever made? My best decision was to begin my career in an established practice with my father and his partners. Opening my own practice in the very beginning would have been difficult.

Who was your most important mentor? I had excellent mentors throughout my general surgery and plastic surgery training. But probably the most helpful was learning from experienced plastic surgeons like my father, Dr. Richard Shaw and his partner Dr. Gerald Nelson.

What is the best advice they gave you? They showed me how to make sure there was enough time available for family and friends.

What is the best advice you would give to someone considering a career in health care? I would recommend that students take one or two business classes along with the science. Most doctors will have to *manage a business in some way* and medical training does not prepare you

enjoy the outdoors, play golf, often with my daughter, who is a college golfer. I also go hunting and fishing with friends that I've known for many years.

How has the pandemic impacted your job? The response to the pandemic included closing surgery centers in Sedgwick County for about two months. There was very little that I was able to do to help patients during this time.



AMY M. SPROLE
Plastic Surgeon, Managing Partner, co-owner
Plastic Surgery Center PA

Why did you choose a career in health care? I wanted to be able to consistently and frequently improve quality of life for people, in a very measurable and tangible way. As a visually-oriented field, plastic surgery was a good fit for me to achieve these goals.

What is your greatest professional achievement? Every happy patient that completes care with me is my greatest professional achievement. No matter how big or small, if I have made a positive impact on a patient's life, that is where I measure my success.

What is the biggest challenge you have faced in your career? Balancing my excitement for my patients and my practice with my love and enthusiasm for my family. It is a daily juggling act!

What was the best career decision you ever made? Coming back to Wichita, KS to practice medicine. There isn't a better place for the kind of practice I want to be a part of.

Who was your most important mentor? Lloyd Gayle, MD during my residency at NY Presbyterian Hospital in New York City.

What is the best advice they gave you? He taught me humility, that no matter the level of superiority/title you achieve, you are still not above being a part of the team, even if that means helping to mop the floors between cases to get things done!

What is the best advice you would give to someone considering a career in health care? If there is any other career that makes you equivalently happy, do that. If not, pursue your passion in health care. You will never work as hard in any other endeavor, nor will you be as greatly rewarded.

in some fashion—watching their sports/games, helping with school projects, walking our dogs together, or just watching movies together on the weekends. I love to travel, although that has been infrequent lately. And I exercise almost daily—that is where I find inner peace and enormous stress relief!

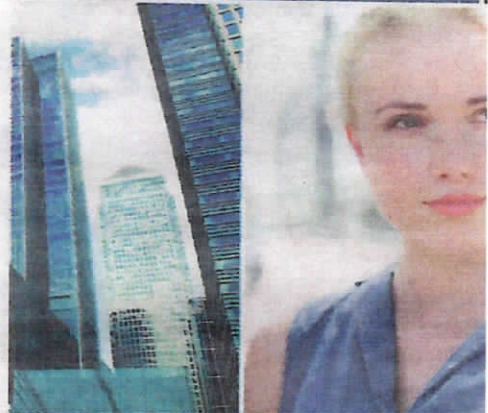
How has the pandemic impacted your job? Plastic surgery has many different aspects and as such, during the pandemic I found we were doing more medically necessary care such as skin cancer and less quality of life care in the realm of cosmetic procedures and treatments.



DIANA THOMI
Executive Director
Victory in the Valley Inc.

Why did you choose a career in health care? I had an aunt who was an RN and who was a great role model to me. In fact,

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Are you involved in the community? There are several community projects that my family and I like to support such as Exploration Place, Music Theater Wichita, Wichita Symphony and Wichita Art Museum.

What do you like to do in your spare time? In my spare time I like to exercise,

Presbyterian Hospital in New York City.

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Are you involved in the community? Our practice supports a variety of charitable causes including animal well-being, domestic violence prevention, breast cancer awareness and support, among many others.

What do you like to do in your spare time? I spend nearly all my free time enjoying my children and their endeavors



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